

Menu for week of May 11 – May 17, 2024 Dining Services at Rumsey Hall School: Director of Dining Services, Maryann Pierzga, 860.868.6030

MA	KE THE CHOICE	THAT'S RIGHT FOR YOU.		👦 EAT WELL 🔽 VEGETARIAN	VEGAN
_	BRUNCH	Omelets to Order		Turkey Sausage Patty	
05.11		Scrambled Eggs		Fresh Seasonal Fruit and Yogurt Bar	EW V
SAL		French Toast			
		Tater Tots			
	DINNER ENTREE	Wings – Buffalo, Garlic-Parm		Bread Mozzarella Sticks, Poppers	
	ON THE SIDE VEGETARIAN	Buttered Snap Peas & Carrots	EWVG	Roasted Mushrooms	EW VG
	OPTION	Buffalo cauliflower			
1	BRUNCH	Omelets to Order		Sausage Link	
		Scrambled Eggs		Fresh Seasonal Fruit and Yogurt Bar	EWV
		Blintz		<u>POP-UP: Fender Blender</u>	
		Shredded Hash Browns			V
	DINNER ENTREE	Mac & Cheese Bar, Pulled Pork, Chicken		Broccoli, Onions, Peppers, Scallions, Tomato	
	ON THE SIDE	Sauteed Green Beans	EW VG	Roasted Zucchini with herbs	V
	VEGETARIAN OPTION	Mac & Cheese Bar			
	BREAKFAST	Eggs Over Easy		Maple Glazed Ham	
	BREAKFAST SIDES	Potatoes O'Brien		Fresh Seasonal Fruit and Yogurt Bar	EWV
	LUNCH ENTRÉE	Orange Chicken		Jasmine Rice	
	ON THE SIDE	Sauteed Ginger Yellow Squash	EW VG	Bok Choy	
	VEGETARIAN OPTION	Orange Tofu			
	DINNER ENTREE	Crispy Panko Cod, Lemon-Caper	V	Rice Pilaf	
	on the side	Roasted Corn	EW VG	Sauteed Kale with Garlic	EW VG
	VEGETARIAN	Herbed 'Crab' Cakes			
	OPTION BREAKFAST		V	Sausage Patties	
	BREAKFAST SIDES	Fried Country Dices Potatoes	VG	Fresh Seasonal Fruit and Yogurt Bar	EW
	LUNCH ENTRÉE	Cuban Sandwich – Soup: Beef Barley		Steak Fries	VG
	ON THE SIDE	Roasted Cauliflower	EW VG	Steamed Vegetable Medley	EWVG
	VEGETARIAN OPTION	Portobello Cuban Sandwich		Ŭ ,	
	DINNER ENTREE	Chicken Scarpariello		Buttered Rolls	
	on the side	Sauteed Garlic Green Beans	EW VG	Roasted Butternut Squash	EW VG
	VEGETARIAN OPTION	Tempeh Scarpariello			V
	BREAKFAST	Shakshuka, Scrambled Eggs		Corned Beef Hash	
	BREAKFAST SIDES	Blueberry Cornmeal Pancakes		Fresh Seasonal Fruit and Yogurt Bar	EWV
	LUNCH ENTRÉE	Quesadillas		Tomato Rice	
	ON THE SIDE	Sauteed Cajun Corn	EW VG	Roasted Broccoli	EW VG
	VEGETARIAN OPTION	Veggie Quesadillas			
	DINNER ENTREE	Tortellini Alla Vodka with Meatballs		Bread sticks	V
1	ON THE SIDE	Roasted Brussel Sprouts	EW VG	Sauteed Spinach	EW VG
	VEGETARIAN OPTION	Vegetable Gnocchi			V
	BREAKFAST		V	Turkey Sausage Links	
	BREAKFAST SIDES	French Toast	VG	Fresh Seasonal Fruit and Yogurt Bar	EWV
	LUNCH ENTRÉE	Hawaiian Turkey Burger	V	Rumsey Chips	
	on the side	Parmesan Roasted Cauliflower	EWVG	Sauteed Summer Squash w/ Scallions	EW VG
	VEGETARIAN OPTION	Hawaiian Chic'n Burger			
	DINNER ENTREE	Pork Stir Fry with Plum Sauce	V	Basmati Rice	V
	ON THE SIDE	Stir Fried Snow Peas & Red Pepper	EW VG	Steamed Edamame	EW VG
ĺ	VEGETARIAN OPTION	Tofu Stir Fry with Plum Sauce			
	BREAKFAST	Egg & Cheese on a Bagel	V	Bacon	
	BREAKFAST SIDES	Homemade Homefries	V	Fresh Seasonal Fruit and Yogurt Bar	EWV
	LUNCH ENTRÉE	Chicken Fingers		Smile Fries	
	ON THE SIDE	Roasted Brussels Sprout Medley	EWVG	Sauteed Snap Pea Medley	
ĺ	VEGETARIAN OPTION	Veggie Chic'n Nuggets			VG
	DINNER ENTREE	Gyro Bar – Chicken, Lamb		Cumin Scented Rice	EW VG
UINNEK	on the side	Sauteed Spinach		Vegetable Medley	EW VG